

Manifesto of the Order of MARS

The Order of MARS is a holistic movement that comprises a new religion, a movement for ethical living, and an opportunity for financial success through an MLM business. MARS stands for Mindfulness, Animal Rights, and Success. The trinity mirrors that of spirit – mind – body. The word “Mars” is also about the planet Mars, whose name comes from the Roman god of war. It is also the etymological origin of the name of the founder of the Order of MARS, whose name is Mark. Not only is Mars the god of war, but also is the protector of agriculture, which is why the month March comes from the same etymological origin, as it precedes spring. Interestingly, one of the major goals of the Order of MARS is the creation of eco-villages or communes, so that agricultural work can be decentralized.

Decentralization of production is one of the essential elements of fostering a better world. This relates to the spiritual philosophy in the Order of MARS as well, whose major component is Dualism.

Dualism explained in the book New Age Nirvana is about the balance of the two sexes, the balance of the East and West, and the balance of the two hemispheres of the brain. This balance also includes the balance of the general and the specific. Our society’s monetary system is heavily geared towards specialization. To be a worker often means that one is a specialist of some kind. However, it can be the case that the secret to success is to be a generalist rather than a specialist. Also, the key to having a happy society is to allow the “generalization” of production rather than lean heavily towards specialization. In Bhutan, many people do their own agriculture, which helps the people actualize their health and happiness. They even have a word called Gross Domestic Happiness (GDH), which makes happiness just as important as economic activity, often measured through the Gross Domestic Product (GDP).

In broader terms, the mission of the Order of MARS is to bring back the sacred consciousness of the right hemisphere of the brain. This sacred consciousness is about unity rather than division and can be feminine rather than masculine. Ultimately, balance is what is important, and we do not want an “us versus them” mentality regarding the sexes or any forms of identity.

Therefore, the Order of MARS strives to be inclusive, where we regard prejudice towards other identities to be problems that require solving, such as sexism and racism. Other ones include ageism, where different age groups compete for self-worth and validity. Another could be called mindism, where different mindsets compete for the same thing, self-worth and validity. The philosophy of the Order of MARS, also expressed in the spiritual book New Age Nirvana, is that equality is an absolute norm. There is equality even between the Creator and Creation. Just as we human beings revere God, God loves us back. Which is more important? The Creator is important for beings created in the world created by the Creator. However, we beings dwelling in the Creator's world is ultimately very important for the Creator. This relationship is definitely similar to that of the parent and child. In fact, human beings are god-children. One of the tenets of this new religion is human beings as god-children go through stages of growth on planet Earth to ultimately grow into deities.

The growth of god-children and human civilization on planet Earth resembles that of the growth of a plant. There was an ancient unified utopian civilization on Earth where land was perhaps also united much like the Pangaea Hypothesis. This was where the seed was planted and growth took on its embryonic phase. What came later were roots, the age of division, war, and inequality. Our roots have grown, and now it is time for our world to become more peaceful through "sprouting".

"God-Good-Gold" is an important wording for the Order of MARS, as it expresses the tripartite mission. The "God" aspect represents that it is a new religion with a unique spiritual philosophy and a mindfulness practice. The "Good" aspect has central importance of the movement and is about the "sprouting" of our world into an ethical global society. There are three key practices to ethical living purported in the Order, which are 1. veganism and animal rights, 2. abstaining from pornography usage / to practice sexual morality, and 3. karma yoga or the practice of generosity. The "Gold" aspect is to participate in the MLM business done by the Order.

Aside from the tripartite mission of God-Good-Gold, the hope is for the Order of MARS and its members to be a community of belonging. This can be supported through participation in various community-oriented activities. Part of the theosophy written in New Age Nirvana is the Seven Spirits. The Seven Spirits represent the aspects of growth in the Cycle of Life and in the

growth of plants. This growth is also mirrored in the growth of a human being, and in the growth of our planetary civilization. The Seven Spirits phases of growth are:

1. To Play – Embryo
2. To Compete – Roots
3. To Help – Sprout
4. To Learn – Branches
5. To Achieve – Bearing of Fruit
6. To Journey – Withering and The Spreading of Seed
7. To Rest – Death and Decay

The final two phases can also be linked to the end of the day when we sleep. REM sleep allows us to have dreams, which is like journeying. Then there is another kind of sleep, deep sleep, which is linked to the seventh phase: Rest.

The theosophy teaches that we are all, as spiritual beings, one type out of the seven. There can certainly be variations.

Because the Seven Spirits are about these seven things happening cyclically, it would be good to have activities based on each of them occurring cyclically as well. Throughout the year there can be Play Day, Compete Day, Help Day, Learn Day, Achieve Day, Journey Day, and Rest Day. The members themselves could think of activities that link to each of the spirits. For example, on Play Day members could play a game, or do a skit. On Compete Day there could be some kind of light sporting event or a contest. On Help Day members could go out and feed the homeless. On Learn Day people could give speeches to talk about themselves so that others could learn about other members. On Achieve Day members could create plans for their future, or talk about each other's goals. On Journey Day, members could appreciate art and music (journeying is associated with dreaming, which is associated with the arts). On Rest Day members could have extended meditation or practice relaxation techniques. Again, these could be changed to other variations, according to the wishes of the members.

As a planetary civilization, we are entering the third spirit/phase, which is about helping others. It is the phase of goodness, kindness, and other such virtues. Entering the second phase was much like the archetype in storytelling often associated with loss of innocence and emerging

of conflict. In storytelling, oftentimes conflicts are resolved in the end where there is a defining moment called a catharsis. The catharsis can lead to a happy ending. We are indeed headed for a peaceful and happy world where many of our problems are solved.

Inequality is one of the problems in our world. The “Gold” aspect is about introducing the business opportunity of Multi-Level Marketing (MLM). Why MLM? MLM allows people to think critically about work, success, and the monetary system. Have you ever thought about how things could actually be unfair in our world? There are those who toil by working low-paying jobs which cause much stress, often causing the person to barely being able to pay off living expenses and not being able to save money. The financial system of our world is much like a food chain. Those who are higher in the system don’t need to work long hours with low pay, since they simply invest in the wealth they already have. MLM allows those in low-income or middle-income financial situations to be able to do business without risking startup capital. MLM companies and their members often generously provide free training so that people can do business for themselves, ultimately leading to the attainment of passive income.

The model of “study hard, go to college, then get a job, work hard” is a model that stringently leans towards specialization. Entrepreneurs often succeed by being generalists. It is creative potential of the right hemisphere of the brain rather than the linear mechanism of the left hemisphere that allows successful people to come up with their idea, have a dream, and act independently without being told what to do. As we continue going to school in our youthful days, we become trained to use the left hemisphere of the brain and to obey adults such as parents, teachers, later any employer as absolute authority. We are often also indoctrinated about employment, particularly working from 9:00 am until 5:00 pm as a moral code. People often follow this “moral code” as a belief with religiosity comparable to that of actual religions. The Order of MARS does not intend to shun employment completely but merely to educate that it is one possibility out of many possibilities.

Earlier in this manifesto, “sprouting” was described to bring back the sacred consciousness of the right hemisphere of the brain. Passive income can unlock your freedom, which means you have the choice to do what you want to do with your time. To have freedom means that your life is a white canvas, and you are the painter. It is a blank paper, where you are the writer. Of

course, time should be spent wisely. Meditation is a good way to spend time, especially through rituals, mornings and evenings, to cultivate mindfulness, which is essential for living life.

How to have a meditation ritual and mindfulness practice:

Morning Ritual

- 5:00 AM – Wake up, go outside and do a bowing ritual to the sky, to worship the heavens. Get a towel or a yoga mat and kneel on it. Raise your arms to the sky, take a deep breath, bow towards the ground and exhale, touch the ground with your forehead. Repeat six more times to make a total of seven (seven is the same number as the Seven Spirits for the Cycle of Life).
- 5:15 AM – Meditate at your altar. Light your candle and incense on your altar. Set the timer for 5 minutes where you will close your eyes and meditate. After 5 minutes, open your eyes, then do 25 minutes of meditation with your eyes open. (You can change the amount of time at your convenience).
- 5:45 AM – Do some prayers. Read aloud a section of New Age Nirvana.
- 5:55 AM – Do your household chores. Try to practice mindfulness as you do your morning chores.
- 6:25 AM – Do your morning exercise routine.
- 7:00 AM – Finish.

You could also arrange in your schedule some time to do your evening meditation, to set the tone for the evening.

Meditation should be done individually and in groups. The Order of MARS will organize frequent meditation sessions so that people can come together to meditate.

How to Make Your Altar

1. Get a table of some kind that is a good size for your altar.
2. Lay a cloth or sheet over the table.

3. Have a cushion to sit on.
4. Prepare a candle and incense holder to be on the altar.
5. Decorate the altar with things that are meaningful for you, such as flowers, crystals and gemstones, or accoutrements that symbolize meaningful things for you. The founder, as of now during the writing of this manifesto, has seven ornaments on his altar to symbolize the Seven Spirits. The seven ornaments are: 1. comedy and tragedy mask for “play,” 2. sword and shield to symbolize “compete,” 3. the dove as the peace symbol for “help,” 4. the Owl of Athena for “learn,” 5. the acorn for “achieve,” 6. a compass for “journey,” and 7. the musical notation for rest for “rest.” These are optional.
6. Create a magic circle that will be your focus object during meditation. The magic circle should reflect your own journey in life, with specific themes associated with your life such as your goals. If you type “magic circle” in Google search, you can find many example images of magic circles. Often, the magic circle has multiple layers, and utilizes art and symbolism, which of course are all up to you to decide on.

A Note on Polyamory and Polygamy

The Order of MARS will not support polyamory or polygamy. However, it is true that New Age Nirvana, the book about the spiritual philosophy that can be regarded as the scripture for the Order, does include a section about polyamory and polygamy. Why is that in there if it is not going to be practiced in the Order of MARS? The theory of polyamory and polygamy in New Age Nirvana is that in the future, which could be a millennium or even millennia into the future, human civilization will eventually practice such complex and pluralistic forms of relationship and family structures. It must be stressed that this is only for the future, and not for the present day. So, again, the Order of MARS will not have this as a part of its many practices.

Sexual discipline and sexual morality are extremely important. The Order of MARS will support quitting pornography, and having healthy relationships instead, which must be monogamous.

It is hoped that people can have healthy and positive monogamous marital relationships that lead to raising children.

Matrilineal Marriages

Because the mission of the Order of MARS is to bring back the sacred consciousness of the right hemisphere of the brain, it will support matrilineal marriages. This means that the man who marries a woman will take her family name.

We all usually have two names, a first name and a last name. The first name is our individual name, and the last name is the collective name, the name of the family. According to the philosophy of Dualism taught in the Order of MARS, Individuality and Collectivity are two components of a dualistic design that exists in nature and consciousness. Individuality is the masculine aspect, while Collectivity is the feminine aspect. Therefore, the wife and mother should represent the collectiveness of the family through her last name. The husband enters his female spouse's family as an individual. This is correct according to nature, like the male genital entering the female genital during intercourse. The sexes are designed so that traditionally the man represents work and the woman represents the home. When a man loves a woman, it is usually linked to the emotion of returning home, and vice versa, when a woman loves a man, it is usually linked to the emotion of going to work. This design can have variations, of course, and it is good to have a modern perspective towards the sexes where a woman can have a career and a man can be a househusband, if this is the agreement in that marital relationship.

Same Sex Marriages

Regarding couples who are the same sex who already are married or wish to be married, the Order of MARS agrees that such same sex matrimonies should be legal. The Dualism in New Age Nirvana, the scripture for the Order of MARS, explains that heterosexuals are on the left-hemispheric side of nature and consciousness, while the LGBTQ people reside on the right-hemispheric side. The right hemisphere of the brain is also linked to compassion, which is a love towards the unfamiliar, as opposed to the left hemispheric love which is a love towards the familiar. What this can mean is the same sex marital couples can and should adopt a child, if

they want to have a family where raising children is involved. The Order of MARS welcomes marital couples, whether the couples are opposite-sex or same-sex, to raise children and to try to raise them with the values, beliefs and practices of the Order, along with their own.

In the United States, according to federal law, all 50 states grant the right for same sex marriages. If the Order of MARS spreads globally, which is an aim, the Order must prioritize following the laws of that nation. If laws prohibit same sex marriages in a particular nation, it can be sought to attempt a privatized version of the marriage, if legalities permit it.

Ceremonies

The Order of MARS contains the element of it being a new religion. Therefore, the Order will provide ceremonial services, which are optional, for events such as weddings and funerals. Other such ceremonies can include baby showers and a rite-of-passage ceremony for coming-of-age. The age for this rite-of-passage according to the teachings is fifteen. In the theosophical teachings, there are 7 major age groups (the same as the Seven Spirits), each having a span of 15 years. The second phase of this begins at age 15.

A young adult who is born in and raised in an ecovillage created by the Order of MARS shall receive a rite-of-passage ceremony at age 15. Then they must leave the eco-village until the age of 30, except for annual short-term visitations. Such young adults can enter high school and even university, then gain job experience in the world. If they would like to come back to the eco-village at the age of 30, they have that opportunity as well.

Another ceremony can exist for individuals who enter the age group after the one described in this section, which begins at 30. According to the theosophy, from age 15 to 30 people grow their roots. Then, from the age of 30 onwards, people “sprout” and their growth, if compared to a plant, will grow upwards.

It is recommended for people growing up not to make hasty decisions about marriage and career. This is not necessarily a rule to be enforced, but major decisions regarding marriage and career should be made during the time of one’s life after reaching the age of 30. Why? Because these decisions are often too important, and individuals should have plenty of experience before

such major decisions. In Hinduism, there are three deities that represent the Beginning, Middle, and End of life and of the universe. The three deities, Brahma, Vishnu, and Siva, are a good reference for the important times in our lives that correlate to Beginning, Middle, and End. These timings are Birth – Marital and Career Decisions – Death. All three of these timings are deeply spiritual.

Veganism and Animal Rights

The Order of MARS aims to spread the belief that animal rights is a major cornerstone in the uplifting of ethical order for human society. The practice of following a plant-based diet is essential. The reason why is that the Law of Karma, as purported Hinduism and Buddhism, is a reality. The Law of Karma is about the cause and effect of actions that lead to reactions. Wrongdoing can cause a person who receive the reaction from the Universe to receive misfortune through painful episodes in life, or even in one's next life. Animals must be regarded as sentient beings who do possess the ability to experience pain and pleasure, along with having a consciousness of their own, which is linked to their individual souls.

People new to the Order who are interested in making a long-term commitment can start out with ovo-lacto vegetarianism, which is the practice of avoiding meat consumption but consuming dairy and eggs. It is hoped that such newcomers, through a phase of ovo-lacto vegetarianism, which preferably will not last more than one or two years, can transition into a complete plant-based or vegan diet.

Veganism also is a crucial component for helping our planet from global warming and its consequence, climate change.

Eco-village communes created by the Order of MARS should allow a part of it to function as an animal sanctuary, so that people can live in harmony with animals, which is good for the development of children.

Eco-Villages as Sustainable Energy Power Plants

Saving the planet from global warming and its dire consequence of climate change is one of the aims of the Order of MARS. This contribution can be made also by having sustainable energy power plants inside of the eco-villages made by the Order. The sustainable energy power plant, whether it be solar, wind, hydro, geothermal, or biomass, or any other form of sustainable energy, can be used not only to power the eco-village, but to provide power in the surrounding community of that eco-village. This can be done at a price, aimed to be lower than the market price of non-sustainable energy sources. This means that members of the eco-villages can turn this into a sales and marketing opportunity in their community, if there are residential or commercial buildings requiring power in their vicinity.

In such a case, the eco-village should operate as a coop, so that income generated will go into the eco-village in its entirety.

The gardening and agriculture practiced in the eco-villages will follow the guidelines of sustainable agriculture practices, also to help mitigate global warming.

The Mission for the Sacred Consciousness

The mission of the Order of MARS is to bring back the sacred consciousness of the right hemisphere of the brain into society. There are various aspects to this:

1. Matrilineage
2. The practice of compassion
 - a. Internally – inclusiveness and equity inside the organization
 - b. Externally – philanthropic efforts
3. Holistic education
4. Decentralization
5. Connection to nature

Languages

Chinese (Mandarin/Putonghua) will be the official lingua franca of the Order of MARS. This is because Chinese will become the next international language of the globe. This has also been

predicted by experts. In the Dualism of New Age Nirvana, the West represents the left hemisphere of the brain, and the East represents the right hemisphere of the brain. The East and the right hemisphere is about Collectivism, rather than its counterpart, the West and the left hemisphere, which is about Individualism. Ultimately it is balance that is important, but to transition towards this balance we should allow Chinese to become the lingua franca.

Global and local are also two equally important factors for awareness. Therefore, along with learning Chinese as a global language, it is highly recommended to learn the local language. The local language here refers to the language spoken by the indigenous peoples of that specific land area.

So, for example if an eco-village is to be created in the Hawaiian Islands, it would be good to raise children to be trilingual, fulfilling the three languages in the spectrum of global – middle – local, namely Chinese – English – Hawaiian. The middle language must be the largest component with the greatest effort made for its language acquisition where it is used as the main language for education of children. However, great efforts must be made to learn the global and local languages as well.

It would be pragmatic to start off with English being the lingua franca, since the Order of MARS will most likely originate in the United States. However, it would be good to gradually transition into Chinese. Members are welcome to begin learning Chinese once they feel they would like to make a commitment to being a member of the Order. Having passive income could allow the free time to allow individuals to learn languages.

Multi-Level Marketing (MLM) or Network Marketing

The balanced perspective is paramount for understanding and conducting this business. It is important to balance the pros and cons (or the YESs and NOs) of the MLM business model equally, for the sake of clarity and mental balance. Another thing to balance are the WHOLEs and PARTs of this industry. An example of a WHOLE is the entire MLM industry compared to your own MLM business. Yet another is to compare the entire world of business as a WHOLE compared to the MLM industry being a part. Another important one is that MLM is but a part of the God – Good – Gold holistic movement of the Order of MARS. An yet another one would be

that an individual's personal sense of identity has multiple aspects, such as one's past, present, and vision for the future, or your gender, age, nationality, hobbies and interests, passions, or even problems that you are facing in life. That is your WHOLE identity, and your identity as an MLM business person is but one aspect of your whole identity.

It is important to understand what is or is not brain washing. Also, it is important to know what is or is not an ethical form of business or sales tactics.

Conglomerate

One goal of the Order of MARS is, after having plenty of success with the MLM business, to utilize income gained as capital to start various companies organized together as a conglomerate. The Order of MARS can then also do business internationally through the conglomerate.

Internet and Technology Use in Eco-Villages

The use of internet and technology in the eco-villages will be restricted, with the intention of connecting to nature and building community through real connections. People should not carry smartphones with them in the eco-village. Computer and internet access can be used in the library of the eco-village.

Governance of the Order of MARS

The Order of MARS shall strive to be egalitarian. Decision-making consists of the directions made by the founder (Mark), combined with opinions and discussions coming from members. Once the organization grows with a significant number of members, it can officially register as a legal entity. At that point, discussions should be made about such things as the bylaws of the organization. It is recommended to not only be solid about specific rules and directionality, but to also be fluid about the possibility for review and change of things such as bylaws.

Sexual Morality, Sexual Discipline, Sexual Health

Security

Internal:

External:

Main Activities of the Order of MARS

1. God - Good - Gold Meditation Sessions

God - Good - Gold signifies the trinity of Knowledge - Emotion - Action, which is the trinity of the mind. It also is the Trinity of Life described in New Age Nirvana, which has three aspects: Deity - Human - Animal. This also is mirrored by the body with three levels across its vertical spectrum: head, torso, and lower body. Not only is this trinity represented through the body, but also through plants such as a tree, with the higher level being the branches, leaves and fruits, the middle level being the trunk, and the lower level being the roots and soil.

Also, the three activities for the Order of MARS align with the same trinity. The God – Good – Gold Meditation Sessions are about knowledge as the sessions are informative. The Seven Spirits Communal Activities are about fostering healthy emotions through building community. The final activity, the Martial Arts Academy, is about action and learning to be active by moving our bodies together as we practice martial arts together.

God – Good – Gold Meditation Sessions will have this kind of schedule (the times given in the example are a possibility, and there can be variations)

- 6:00 PM – Group Meditation
- 6:20 PM – God: Reading of a Section of New Age Nirvana with an Explanation
- 6:40 PM – Good: Discussion of Ethics, Particularly Animal Rights
- 7:00 PM – Gold: Discussion of the MLM Business Opportunity
- 7:20 PM – Group Meditation
- 7:40 PM – Q&A and Announcements

- 8:00 PM - Finish
2. Seven Spirits Communal Activity

3. Martial Arts Academy

The name of the martial arts taught in the Order of MARS shall be Shen Wu Dao (神武道). Shen Wu Dao aims to be a holistic system. For those who wish to practice dance rather than martial arts, it can also be Shen Wu Dao, however with a different character (神舞道).

It is important to understand that real-life combat tends to be about being deceptive, and also about targeting the defenseless. Shen Wu Dao strives to teach moral discipline. Any martial arts technique practiced in Shen Wu Dao must never be used unless it is for self-defense where the individual must understand for him/herself the legalities of such things. It is always better to see if you can de-escalate a tense situation through persuasion or negotiating rather than adding gasoline to the fire by trying out Shen Wu Dao techniques on a person who has the intention of harming you. It is better also to escape if you can. Or of course, rely on law enforcement by calling 911 if you encounter an assailant.

Shen Wu Dao is primarily for being healthy through exercise and having fun. In real-life combat situations, rules are often broken. Matches between individuals in Shen Wu Dao must be done with the foundation of trust where each person follows rules.

It can be realistic to view martial arts maneuvers as the same thing as maneuvers done in dancing. Why? Because Shen Wu Dao does not want to teach people to have any intentions to hurt others whatsoever. All movements are movements. Moving the body is fun and is good for exercise.

However, it is interesting to consider that dance could be looked at as something related to real-life combat, since real-life combat is primarily about deception. This is of course solely to observe nature from a philosophical perspective.

Leadership Training